

WIGWAM LEADERS ALL "UP IN AIR" ON PRIMARY SLATE

But Churchill or Swann Will
Likely Be Candidate for
District Attorney.

Everything seemed to be "up in the air" to-day in regard to most of the Tammany nominations for the primaries to be held Sept. 25, but that either Judge Edward Swann or Thomas W. Churchill, President of the Board of Education, will be named for District Attorney seems certain.

The Executive and General Committees of Tammany met last night, but there was no slate making. There was a lot of informal talk, however, and it appeared Judge Swann and Mr. Churchill were about equally favored for the District Attorneyship, with James A. Delahanty and Magistrate Joseph Corrigan mentioned.

"Christy" Sullivan, who once ran for Sheriff and took a beating may be the organization candidate again. The only other man mentioned at present for this job is Thomas I. Delaney.

While nothing is settled as to the judgeships, John Proctor Clarke (Republican) and Justices Delahanty and Shearn will almost certainly be favored.



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635 Broadway, near 11th Street, New York.

The May Manton Fashions



Pattern No. 8780—Yoke Blouse, 34 to 42 Bust.
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BUREAU, 100 West Third Street, second floor (opposite
Gimbel Bros.), corner Sixth Avenue and Third Street,
New York, or sent by mail on receipt of ten cents in coin or
stamp for each pattern ordered.
IMPORTANT—Write your address plainly and always specify
size wanted. Add two cents for letter postage if in a hurry.

ored by the Fourteenth Street organization.
Tammany may turn down Justice
Greenbaum for a renomination.
Among certain of the leaders there is
a strong disposition to sidetrack him.
At a meeting of the Executive County
Committee, Justice Greenbaum, and
Baum and Clarke were endorsed for
the primaries. A suggestion was
made that Frank Moss be favored for
the District Attorneyship, but this
was not acted on.
The Progressives also adopted a resolution requiring that all candidates
endorsed by their party shall promise
to run on the Progressive ticket
whether they are nominated by any
other party or not. The committee
will meet again next Tuesday to take
up the question of designating or endorsing
candidates for Sheriff and
District Attorney.
"Big Bill" Edwards, who already
has been mentioned as a possible independent
candidate for the Democratic
nomination for Sheriff in the
primaries, is to "come out" on Monday
at a dinner to be given in his
honor at the Hotel Biltmore, at which
former State Senator Walter R. Herck
will preside and about one hundred
men will be present. When the Edwards
boom is launched headquarters
will be opened in the Hotel Vanderbilt.

BIG PARTY WILL GO TO FRISCO FAIR IN AUTOMOBILE HOUSE

Car Will Have All "Con-
veniences of Home" Except a Janitor.

HUNTINGTON, L. I., Aug. 20.—
Roland R. Conklin, whose office is at
No. 1 Wall Street, whose city home
is at No. 449 Park Avenue, Manhattan,
and whose country place is
Rosemary Farm, West Neck, Huntington,
will leave to-morrow for a transcontinental
trip in an automobile house, accompanied by his wife,
his son, Roland; his daughter, Julia;
a young woman friend of hers, two
nephews, two governesses, a cook
and two men to operate the automobile.

The machine is 25 feet 8 inches long,
7 feet 6 inches wide and 13 feet 6
inches high, in addition to which the
top can be quickly converted into a
roof garden or outdoor dining room.
The outfit weighs between seven and
eight tons.

There are sleeping accommodations for
eight persons inside the body of the
car. The chauffeurs and cook
sleep outside the body, but inside.
Supplies can be carried for eight persons
for a week. Cooking will be done
by an electric stove. There is
provision for a shower bath, the hot
water coming from the radiator.
There will be plenty of cold water in
an ice box with capacity for 150
pounds of ice and proportionate room
for perishable stores. Every inch of
space under seats and in corners is
utilized to store something. One feature
is a collapsible toilet outfit,
which can be set up while camping.
The route will be to Albany, Buffalo,
Chicago, Denver, Yellowstone
Park, Glacier National Park, San
Francisco, San Diego and returning
by steamer through the Panama Canal.

YOUNG CLERK IS HELD.

Joseph Dougherty, eighteen, accused
of having stolen money entrusted to him
by his employers, together with Miss
May Shy of No. 217 West Sixty-sixth
Street, who was arrested with him in
an apartment in One Hundred and Thirtieth
Street, were arraigned before
Magistrate Corrigan in the Centre Street
police court to-day.

Miss Shy was released, but Dougherty
was held in \$1,000 bail. He is employed
by the brokerage firm of Chisholm,
Chapman & Co., No. 71 Broadway.
On August 14 he was given \$25 to take to
a bank. He did not return.

WHAT EVERY WOMAN SHOULD KNOW! How to Keep Well, Keep Strong and Keep a Perfect Figure, Told in a Series of Illustrated Lessons

A New Series of Illustrated
Lessons, Giving Tests
of Difficult Exercises in
Previous Lessons.

TEST EXERCISE NO. XI. SIDE REACHING.

By Pauline Furlong,
The Evening World's Authority on
All Questions of Woman's Physical
Well Being.

One of the results of my course
which especially pleases me is that
it seems to have reached, to be
reaching, women of all types and
ages and in every environment. I
hoped to do something like this. The
very wealthy woman usually has a
corps of trained assistants who devote
themselves to the preservation of
her health, strength and beauty.
The best advice is at her disposal;
if she fails to profit by it that is her
own fault.

But the great mass of American
women are less fortunate. They are
busy, they have not too much money,
they spend themselves for the comfort
of others and no one tells them how
to conserve their own physical
comfort and well being. These are
the women whom I have tried to
help—the too-early-old housewives
and mothers, the hardworking business
women, the girls whom nobody
has taught to guard their health as
their most precious heritage. In order
to reach as many women as possible,
through The Evening World, I have
tried to present my exercises and
hygienic rules in the simplest
possible form, so that every woman
everywhere might find them available.

The letters that I am receiving
daily show the success of my attempt.
For instance, a woman forty-
six years old, who is too stout, writes:
"I have been following your
course and have been much benefited.
I was encouraged by your remark
that the fat that did not form
in three weeks cannot be reduced in
that time. It is a splendid course—the
one you are giving in The Evening
World." Another woman, fourteen
years younger, "following my lessons
and using my exercises with
interest and profit."

"I am following your course in
The Evening World for developing
and am glad to say there is a
change for the better," a New
York woman assures me. "My
friends have remarked it, although
they do not know the reason." A
Connecticut girl writes: "I am dreading
the time when your articles stop, for
you don't know how much good they
are doing me." A New Jersey
matron finds that "your exercise
for reducing the stomach is
wonderful; my stomach is getting
smaller, alas, my hips."

And "J. M. G." of this city, declares:
"I don't think people realize
what a complete road to health, good
looks, activity of mind and good citizenship
your course is providing. It
is an inspiration; keep it up."

The reason I give you these
"proofs of the pudding" is that I
hope those of you who have not yet
set to work in good earnest to make
yourselves strong and well will undertake
this important task at once.

TEST FOR SIDE-REACHING WITH DUMBBELLS.

The test to-day is for one of the
important dumbbell exercises. To
perform it stand erect, your feet
about eighteen inches apart, your
arms stretched vertically upward so
that the dumbbells directly touch
over your head. Then lower your
body over the right leg oblique
until the ends of the dumbbells
touch the floor, bending your right
leg at the knee but keeping the left
leg straight. Reverse the process in
the opposite direction. This exercise
helps greatly all the functions of the
digestion and stretches the muscles
of arms and legs, thus making them
more symmetrical.

You may know that your leg
and arm muscles are in condition
to perform this exercise correctly
when you can hold the dumbbells
on the floor without a bend in
your wrists or a tremor in legs
or arms. When you are in shape
you should be able to take the
exercise ten times, five times to
either side, keeping your poise
perfectly. Your arms should be
absolutely straight from shoulder
to wrist and the leg that is
further back should be stretched
to its fullest extent, yet your
balance should be maintained.

Readers of Miss Furlong's
articles who are following her lessons
are invited to write to her,
in care of The Evening World,
requesting information that will
aid them in following her rules
for diet and exercises. Miss Furlong
also will be interested to learn
the results of her lessons as
shown by your charts.

Letters From Evening World
Readers Following Miss
Furlong's Lessons.

MRS. J. L. L. writes: "I have just
returned to the city and have found
out about your valuable lessons in
The Evening World. Please advise me
how to get the whole series."

We cannot furnish you with the
lessons that were printed before July
15th, as we are all out of them. They
appeared in the paper every day up
to Aug. 7th. Send one cent for each
number you desire and postage to



cover same and I will supply you.

Miss E. K. writes: "Will massaging
with cocoa butter develop the
neck and shoulders and does it darken
the skin? What exercises will de-
velop my legs from ankle to thigh?"
Cocoa butter feeds the starved tis-

ues in the thin neck and does not
darken the skin. Exercises, such as
chest raising, swimming and rowing
will develop it permanently, however,
and much more quickly. Running, bi-
cycling, tennis and stair climbing will
develop the muscles in the thin legs.
You will have to build up some

healthy muscle flesh before you will
notice any improvement.

LOST TWELVE POUNDS.

MRS. L. T. S. writes: "I have fol-
lowed your exercises and diet and
have lost twelve pounds. I am sure
I would lose a great deal more if I
could do without sweets, which I
crave and indulge in. Do you really
think a little sugar would keep me
stout if I follow all the other diet to
the letter?"

Try using saccharine in your coffee.
It will sweeten it and not add
to your weight. When you write of
using a very little bit of sugar you
might count up and see just how

much is taken by the average person
in the course of a week or month.
If I were to tell you that you eat
nearly six hundred spoonfuls in a
month you would probably doubt me.
How many pounds this would make
you may figure for yourself.

Suppose we allow for breakfast two
cups of coffee with two spoonfuls of
sugar; for lunch, one glass of
iced tea, with three spoonfuls each;
probably more fruit, stewed or raw,
with two more spoonfuls. For dinner,
tea or coffee and some dessert, and we
will modestly figure this meal with
only three spoonfuls of sugar. Now
we have a total of eighteen spoonfuls
in one day. This means 126 spoonfuls
in a week and more than 500 spoonfuls
in a month. You can readily see
that these figures are not exaggerated,
and a great many people use more
than I have mentioned. So be careful
of the "little bit" you write me about.

MILDRED F. asks: "Will you tell
me confidentially if you really made
your arms and legs so round and
plump with exercises? I think I
people with a good figure were just
born that way, don't you?"
I certainly did develop myself. I am
naturally slender and very small
frame, but I determined to overcome
this and started in to exercise. I give
all the credit of the firm muscular
flesh below my waist line to bicycling
and walking. I used to take long cross
country rides when I was about sixteen.
I am a great walker and have been
in the habit of walking about five
hours a day until my work pre-
vented it. I have always indulged in
all outdoor games. These undoubtedly
develop the muscles of the arms
and legs. Two years ago I weighed
140 pounds, and when I realized I was
getting stout I worked hard and took
off the excess within a few months.
Yes, any one who is determined can
reduce or develop, but not in a day or
a week or a month.

S. C. R. W. asks: "Please tell me
how near I come in weight, height and
measurements to the correct and clas-
sic?" I am 5 feet 5 inches tall, weigh
150 pounds, bust 32, waist 28, hips 33,
neck 12 1/2.

These are what you should measure:
Weight, 166; chest, 33 1/2 (not bust);
waist, 28; hips, 40; neck, 13 1/2; thigh,
25 1/2; calf, 15 1/2; upper arm, 13 1/2; fore-
arm, 9 1/2.

You could gain ten pounds and not
be too heavy. The average classic
height for a woman is five feet four to
five feet six, and weight from 125 to
135 pounds. The hips should measure
at least six inches more than the bust.

AGNES L. D. writes: "Please send
me the reducing measures which ap-
peared July 27 and 28."
Send 5 cents to me for these. This
covers the cost of mailing also.

GOVERNOR WHITMAN'S MOTHER-IN-LAW DIES

Mrs. Hitchcock Expires in Bucking-
ham Hotel, With Mrs. Whitman,
Husband and Son Beside Her.

Mrs. Josephine Lloyd Hitchcock,
Gov. Whitman's mother-in-law, died
last night of heart disease in 520
Buckingham Hotel, Fifth Avenue and
Fifth Street. Mrs. Whitman, her
father, O. N. Hitchcock, and her
brother, Milton Hitchcock, were with
Mrs. Hitchcock when she died.

Mrs. Hitchcock was sixty-three
years old and for many years had
lived at the Buckingham. Her health
had been failing for a long time, and
was such that she could not follow
her usual custom this year of spend-
ing the summer in Newport.

Mrs. Whitman was notified in her
Newport home Wednesday of her
mother's critical illness, and, with the
family, hurried here. In recent weeks
she had spent much time with her
mother.



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